



# December 2013

**MetroWest Tang Soo Do**

433 Main Street, Hudson, MA

(978) 567-8844

www.metrowesttangsoodo.com

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
Yoga 7:00-8:15 pm	Kids Class (All Belts) 5:00-6:00 Adult Class 6:00-7:30	Yoga 7:00-8:15 pm	Kids Class (All Belts) 5:00-6:00 Adult Class 6:00-7:30		Adult Class 9:00-10:30 Kids Class (All Belts) 10:30-11:30
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
Yoga 7:00-8:15 pm	Kids Class (All Belts) 5:00-6:00 Adult Class 6:00-7:30	Yoga 7:00-8:15 pm	Kids Class (All Belts) 5:00-6:00 Adult Class 6:00-7:30		Adult Class 9:00-10:30 Kids Class (All Belts) 10:30-11:30
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
Yoga 7:00-8:15 pm	Kids Class (All Belts) 5:00-6:00 Adult Class 6:00-7:30	Yoga 7:00-8:15 pm	Kids Class (All Belts) 5:00-6:00 Adult Class 6:00-7:30		Adult Class 9:00-10:00 Kids Class (All Belts) 10:00-11:00 <b>Gup Test @ 11</b>
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
Yoga 7:00-8:15 pm	<b>No Classes Christmas Eve</b>	<b>No Yoga Merry Christmas</b>	Kids Class (All Belts) 5:00-6:00 Adult Class 6:00-7:30		Adult Class 9:00-10:30 Kids Class (All Belts) 10:30-11:30
<b>30</b>	<b>31</b>				
Yoga 7:00-8:15 pm	<b>No Classes New Year's Eve</b>				

☯ Black belt class in Malden ☯

☯ Thursday, December 5 at 6:30 pm ☯